

2332 Maj Holland VC RC(Army)CC
2100 Walkley Rd
Ottawa, ON K1A 0K2



May 2, 2024

RE: JOINT SPRING FTX (31 May – 2 June)

Dear Cadets and Parents/Guardians,

From Friday, May 31, 2024, to Sunday, June 2, 2024, 2332 RCACC is participating in a Joint Spring FTX with five local Army Cadet Units. The cadets are to report to 5 Brouillette Blvd, Nepean, ON K2K 2W6 at **1800 hrs Friday evening** and will be dismissed at this location 1500 hrs on Sunday afternoon. Cadets will participate bushcraft classes and applying their knowledge/skills in a safe and challenging activity that will provide valuable and positive experiences.

We require your permission before your cadet can attend. *Please complete the following form and return it on Wednesday, May 22, 2024.*

Note the following:

- **Cadets must have possession of their valid health card at all times while training on this exercise.**
- Cadets will spend the entire weekend outdoors and will require adequate clothing.
- Fraternalization between cadets will not be tolerated.
- Portable electronic devices including cellular telephones, video games, and music devices are strongly discouraged. Should your cadet bring these devices with them, they will be responsible for their safekeeping.
- We will be conducting physical and hiking activities and cadets will be required to have sports clothing, running shoes and hiking shoes.
- Attached is a kit list with everything your son/daughter will be required to bring.

Thank you,

Maj. Bonacci
Commanding Officer
2332 RCACC

I give my son/daughter _____ permission to attend the Joint
(print cadet's last name, first, rank)
Spring Field Training Exercise on Friday, May 31 to Sunday, June 2nd.

1. Are there any medical conditions we should be reminded of? _____

2. Are there any allergies/dietary restrictions we should be reminded of? _____

Emergency Contact Information

a) Contact Name: _____ Phone Number: _____

b) Contact Name: _____ Phone Number: _____

Parent/Guardian Signature

Date

Kit List

Required Personal Equipment. In addition to basic clothing worn by the individuals, the items listed below are required. Cadets without the equipment listed below may not participate in some or all activities.

- a) **Health card**
- b) Unbreakable mug
- c) Water bottle (1 litre Nalgene, hard plastic, preferred)
- d) Cadet Field Training Uniform (if you have been issued the uniform)
- e) Adequate change of clothing (Jeans not permitted) x2
- f) Warm sweatshirt or sweater
- g) Rugged pants for outdoor activities, jeans not permitted (2 pairs)
- h) Cotton T-shirt/undershirt (2-3)
- i) Cotton and/or Wool socks (4 pair)
- j) Underwear (4-5)
- k) Rainproof jacket/poncho
- l) Wind or waterproof pants
- m) Running shoes
- n) Sturdy boots - hiking or combat type (should be waterproof)
- o) Soap, towel, toothbrush, toothpaste, and necessary toiletries to ensure proper hygiene.
- p) Flashlight or headlamp
- q) Garbage bags x2 (to protect inside of rucksack/backpack)
- r) Sleeping clothes
- s) Sunscreen
- t) Bug repellent
- u) Duffle bag
- v) Paper and pencils